



Preparing Your Skin For Surgery – Staff aureus/MRSA For Total Hip and Total Knee



Patient Instructions

Name _____ Surgery Date _____

Surgery _____

Chlorhexidine gluconate General Information: Antiseptic Soap.

1. Research has shown that the use of Chlorhexidine gluconate antiseptic soap prior to your surgery can reduce the chance of acquiring a surgical infection. Chlorhexidine gluconate is also called CHG and is also sold as HIBICLENS (trademark). CHG can also be found under the Walgreen and Wal-Mart label.
2. Chlorhexidine is for **SKIN USE ONLY**.
3. **DO NOT USE** if you have used this product in the past and you are allergic.
4. **DO NOT USE** on your face, genitals, rectal area, or in deep wounds.
5. This soap may cause irritation, such as itching or redness. This may occur immediately following bathing or shaving. If itching or redness persists, rinse the affected area with water and stop using the soap. Contact the Outpatient Department.

MUPIROCIN 2% General Information: Antibiotic nasal medication.

1. Mupirocin 2% nasal ointment medication is an antibiotic that is applied to the inside of your nose to help eliminate the staph aureus bacteria. Since most people touch their nose frequently the staph aureus bacteria can be spread to your surgical incision. Using this medicine will help reduce the chance of you getting a surgical infection.

WHAT TO DO: Start FIVE (5) days before you are to have surgery

DAY FIVE (5) – Date _____

Before beginning your Chlorhexidine Gluconate (CHG) cleansing routine, change your bed linens to freshly washed pieces. Then, anytime during this whole process or during the healing process, please remember that soiled or dirty linens need to be replaced with freshly laundered ones.

- a. Apply the Mupirocin 2% ointment to the inside of your nose twice a day; once in the morning after washing and, then, a second time at bedtime. Apply the ointment using a cotton swab.
- b. Wash your hair and face using your usual soap. Wash gently using the Chlorhexidine gluconate soap (CHG, HIBICLENS) from your chin to your toes for three (3) minutes. Keep the soap out of your eyes, ears, face, genitals or rectal area. Please use your usual soap in those areas.

DAY FOUR (4) – Date _____

- a. Apply the Mupirocin 2% ointment to the inside of your nose twice a day; once in the morning after washing and, then, a second time at bedtime. Apply the ointment using a cotton swab.
- b. Wash your hair and face using your usual soap. Wash gently using the Chlorhexidine gluconate soap (CHG, HIBICLENS) from your chin to your toes for three (3) minutes. Keep the soap out of your eyes, ears, face, genitals or rectal area. Please use your regular soap on these areas.

Questions or Concerns; Call Richland Hospital Outpatient Department, (608) 647-6321 ext. 2170

DAY THREE (3) – Date _____

- a. Apply the Mupirocin 2% ointment to the inside of your nose twice a day; once in the morning after washing and, then, a second time at bedtime. Apply the ointment using a cotton swab.
- b. Wash your hair and face using your usual soap. Wash gently using the Chlorhexidine gluconate soap (CHG, HIBICLENS) from your chin to your toes for three (3) minutes. Keep the soap out of your eyes, ears, face, genitals or rectal area. Please use your regular soap on these areas.

DAY TWO (2) – Date _____

- a. Apply the Mupirocin 2% ointment to the inside of your nose twice a day; once in the morning after washing and, then, a second time at bedtime. Apply the ointment using a cotton swab.
- b. Wash your hair and face using your usual soap. Wash gently using the Chlorhexidine gluconate soap (CHG, HIBICLENS) from your chin to your toes for three (3) minutes. Keep the soap out of your eyes, ears, face, genitals, or rectal area. Please use your regular soap on these areas.

Day One (1) – Date _____

- a. Apply the Mupirocin 2% ointment to the inside of your nose twice a day; once in the morning after washing and, then, a second time at bedtime. Apply the ointment using a cotton swab.
- b. Wash your hair and face using your usual soap. Wash gently using the Chlorhexidine gluconate soap (CHG, HIBICLENS) from your chin to your toes for three (3) minutes. Keep the soap out of your eyes, ears, face, genitals, or rectal area. Please use your regular soap on these areas.

NIGHT BEFORE SURGERY – Date _____

- a. Apply the Mupirocin 2% ointment before bedtime.
- b. Wash/shower using the Chlorhexidine gluconate soap. Dry your skin with a clean towel.

AFTER WASHING:

- c. **FOR TOTAL HIP:** (the side you are having surgery)
Apply the CHG soap to your stomach, side, hip, and entire leg.
- d. **FOR TOTAL KNEE:** (the side you are having surgery)
Apply the CHG soap to your entire leg, including your hip area.
- e. Let the soap dry on your skin. Please be aware the soap will be sticky.

MORNING OF SURGERY – Date _____

- a. **DO NOT** apply the Mupirocin 2% ointment to the inside of your nose.
- b. Wash/shower using the Chlorhexidine gluconate soap. Dry your skin with a clean towel.

AFTER WASHING:

- c. **FOR TOTAL HIP:** (the side you are having surgery)
Apply the CHG soap to your stomach, side, hip, and the entire leg.
- d. **FOR TOTAL KNEE:** (the side you are having surgery)
Apply the CHG soap to your entire leg, including hip area.
- e. Let the soap dry on your skin. Please be aware the soap will be sticky.